

BREMCO NORTH DEVON CROSS COUNTRY LEAGUE WEST BUCKLAND SCHOOL – SUNDAY 3rd MARCH, 2024

By kind permission of Mr P Stapleton, the Head Master

PLEASE FOLLOW THE INSTRUCTIONS OF THE STEWARDS AND ONLY USE THE DESIGNATED CAR PARKS

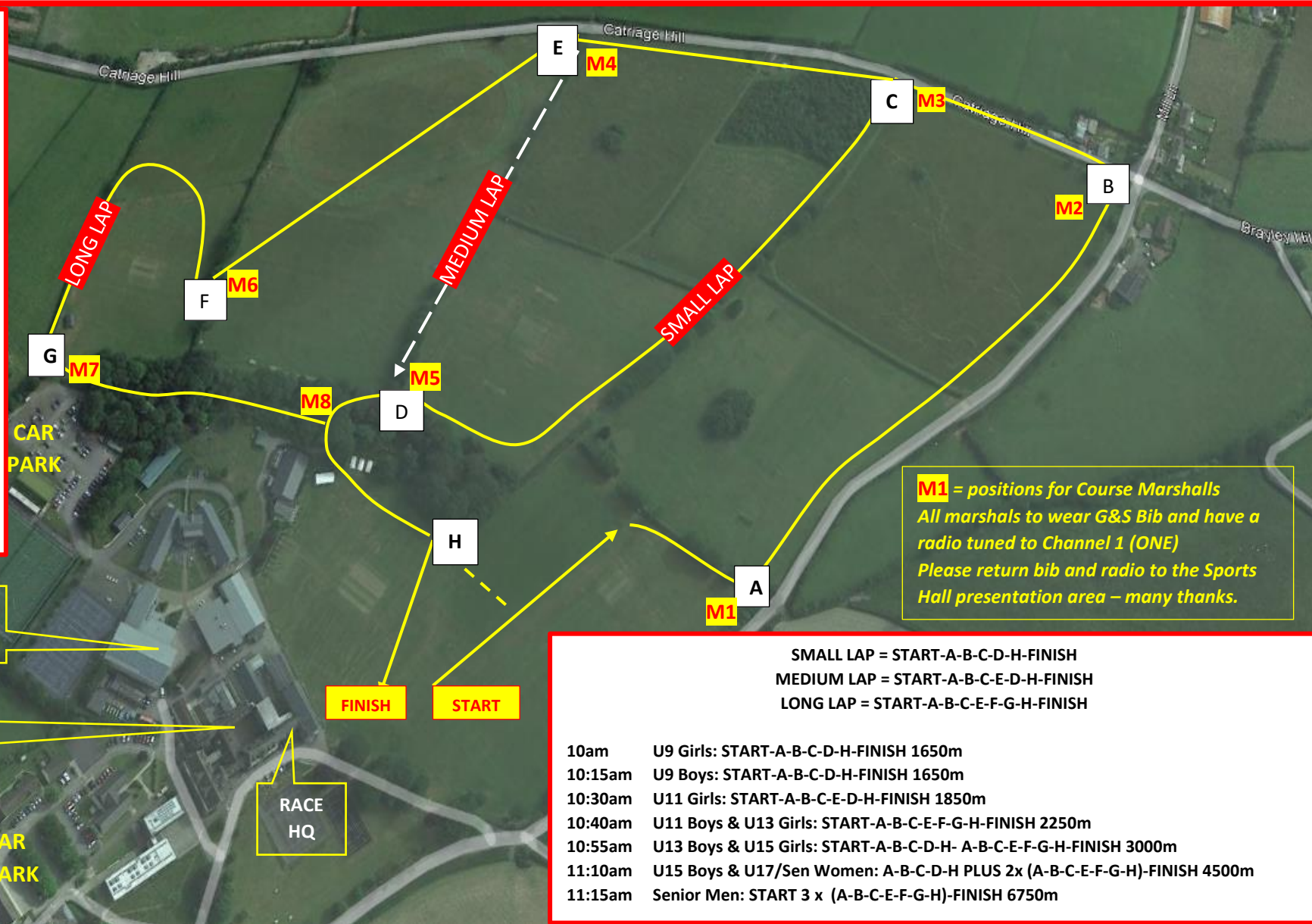
- DO NOT PARK IN THE APPROACH ROADS

NO DOGS ON SITE

Refreshments on sale in the Quadrangle courtesy of WBS PTA

Presentations will be in the Jonathan Edwards Sports Centre as soon as possible after the completion of the last race.

PLEASE DO NOT WEAR OUTDOOR SHOES IN THE SPORTS CENTRE



M1 = positions for Course Marshalls
All marshals to wear G&S Bib and have a radio tuned to Channel 1 (ONE)
Please return bib and radio to the Sports Hall presentation area – many thanks.

SMALL LAP = START-A-B-C-D-H-FINISH
MEDIUM LAP = START-A-B-C-E-D-H-FINISH
LONG LAP = START-A-B-C-E-F-G-H-FINISH

- 10am U9 Girls: START-A-B-C-D-H-FINISH 1650m
- 10:15am U9 Boys: START-A-B-C-D-H-FINISH 1650m
- 10:30am U11 Girls: START-A-B-C-E-D-H-FINISH 1850m
- 10:40am U11 Boys & U13 Girls: START-A-B-C-E-F-G-H-FINISH 2250m
- 10:55am U13 Boys & U15 Girls: START-A-B-C-D-H- A-B-C-E-F-G-H-FINISH 3000m
- 11:10am U15 Boys & U17/Sen Women: A-B-C-D-H PLUS 2x (A-B-C-E-F-G-H)-FINISH 4500m
- 11:15am Senior Men: START 3 x (A-B-C-E-F-G-H)-FINISH 6750m

REFRESHMENTS AVAILABE IN THE INNER QUADRANGLE

SPORTS HALL

RACE HQ

CAR PARK

CAR PARK

FINISH START