

**WEST BUCKLAND SCHOOL - CROSS COUNTRY COURSE RISK ASSESSMENT****GLIDDON & SQUIRE NORTH DEVON CROSS COUNTRY LEAGUE****SUNDAY 25<sup>th</sup> NOVEMBER 2018 and SUNDAY 3<sup>rd</sup> FEBRUARY 2019- West Buckland School**

**DUTY OF CARE:** All Cross Country events have an element of risk to/for competitors, officials and spectators. Each of these groups of persons is advised that they have a duty of care to themselves and it is recommended that they wear appropriate clothing and footwear according to the weather/underfoot conditions. All runners are advised to walk the course before their race. They should report any hazards to the meeting referee should they believe the risk assessment has not already covered them. The organisers of The North Devon XC League adopt the UK Athletics Guidance relating to athlete welfare.

<b>1.</b>	<b>MEETING INFORMATION</b>	
1.1	Pre-event information	Final details of all arrangements and precautions for this event will be in the public domain <a href="http://www.northdevonxcleague.weebly.com">www.northdevonxcleague.weebly.com</a> by Wednesday 21 <sup>st</sup> November, 2018. These will include full directions to the venue, a course map including the positions of race HQ, marshals, First Aiders and directions from the car park to the start. There will be an 'on the day information' board sited at Race HQ. Team Managers will be instructed to check this on arrival for any last minute changes.
1.2	Parking	ONLY in designated spaces provided in the Preparatory School car park (access via the main west drive) and Games car park by the astroturf all-weather pitch (access via the road to the east of the main building). Strictly no parking in the road outside the school. All runners to be reminded about parking legally and be in mind of the need for the local community to have proper access to their properties.
1.3	Registration	In the entrance to the Memorial Hall which at the east end of the main school building.
1.4	Toilets	In the quadrangle behind the Memorial Hall and in the sports hall. Do not leave anything in the changing rooms – West Buckland School cannot take responsibility for valuables left unattended
<b>2.</b>	<b>THE COURSE</b>	
2.1	Start	Positioned in level, open ground near to race HQ. All athletes to be informed of the start procedures by the starter <b>See map.</b>
2.2	Finish	Finish Funnel to be laid out in open area in alongside the start using wooden posts/ropes. <b>See map.</b>
2.3	Course conditions	All runners are advised that <b>spiked footwear is essential.</b> And that they should walk their course prior to races to check for holes/tripping hazards.
2.4	Course route	The course is on open grassland playing fields. There are sections which pass through woodland with some exposed tree roots. All corners will be clearly marked. Course direction flags to be located at significant points on the course. The run out from the start will be a minimum of 20m wide for the first 100m. The run in to the finish funnel to be a minimum of 80m after the final corner.
2.5	Marshalls	Duty of marshals to immediately report any First Aid requirements using either mobile telephone or walkie-talkies and to advise runners of the correct route. All marshals to be in appointed positions by 9:45am Additional course maps will available on the day and a copy posted on the League noticeboard at Race HQ. The starters' steward will make a simple explanation of the course to runners before each race commences.
<b>3.</b>	<b>PERSONNEL and EQUIPMENT</b>	
3.1	First Aid provision	First Aid:- Provided by <b>All Terrain Medical Services</b> based in the Memorial Hall
3.2	Erection/Dismantling of Course	The course will be set out on the day before race and <b><u>carefully checked on race day before the first race starts.</u></b> Course to be dismantled by marshals immediately after last race is finished.
3.3	Marshalls and Officials	All staffing will be provided by the West Buckland School community and members of local athletics clubs. A full list of meeting responsibilities is available on the league website.
3.4	Refuse	All visitors will be reminded that refuse must be deposited in the bins provided or taken away with them. Bins to be provided on site.
3.5	Signage	Appropriate signage covering car parking, directions from car park to toilets/course/cafe, location of Race HQ and entrance to courses to be in place by 8:30am on the day of the event.
3.6	Animals on site	Please note that dogs are not permitted on the West Buckland School site.
<b>4.</b>	<b>CANCELLATION</b>	
4.1	Personal responsibilities	<b>Election to compete:</b> Individual runners have the right to elect not to take part should they feel that conditions are unsuitable. Parents and Team Managers have a duty of care/advice to all runners in their teams.

**On the day Emergency telephone numbers: 07868369741 (League Administrator)**

**Risk Assessment Carried out by: Geoffrey Williams (UKA Official Endurance No. 2664790)**